

DAC RECOMMENDATION - 3/17/2010

Pennfield Schools Coordinated School Wellness Plan Beginning 2010-2011 Academic Year

Vision...

- The Pennfield Schools Wellness Plan will offer students and adults an opportunity to strive toward making healthy lifestyle choices, which support good nutrition and fitness habits, attitudes, and behaviors.

Goals...

- Goal 1 - Increase wellness by annually creating awareness, participation, and involvement by educating students and adults in the Pennfield Community regarding healthy lifestyle choices.
- Goal 2 - The status of wellness in Pennfield Schools will increase as measured annually by the Healthy School Action Tools (HSAT) and biannually by the Michigan Profile for Healthy Youth (Mi-PHY) assessments.
- Goal 3 - The wellness of Pennfield Schools will increase as a result of the district and each building team regularly reviewing wellness policies and the HSAT plans of action to assure compliance.